



8月 給食献立表



Main table with columns for Date, Day, Breakfast, Lunch, Dinner, and three categories of ingredients: Red (Blood/Meat), Yellow (Hot/Spicy), and Green (Seasoning/Herbs).

☆ 今月の平均給与栄養量 ☆

Summary table showing average energy (549 kcal), protein (22.3 g), fat (15.8 g), calcium (193 mg), iron (2.6 mg), vitamins A, B1, B2, and C.

★食材の納入により献立変更がございます